

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2020

AL - Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Weight Workout EX 10:30 Wii EX 11:00 Drama Club MR 1:30 Rummikube LI 2:00 Crafts 3:00 Cooking Club CK 3:00 Cards with ANNE L 6:30 Sing a long with Lilly CK	2 8:00 Men's Breakfast CK 10:00 Barre Exercise L 11:00 Rosary/Communion mr 11:15 How Many Words CK 2:00 Boccie 3:00 Bowling RR 7:00 Bingo RR	3 10:00 Tai Chi RR 10:00 Wii EX 11:00 The Saybrook Singers 2:00 TED-TALKS- The Trans formative Power of Classical Music 3:30 TGIF-Wine/Appetizers 7:00 At The Movies	4 10:00 Walking Club 10:00 Rummikub GR 11:00 Painting/Watercolors 11:15 Family Feud CK 2:00 Bingo RR 3:00 Trivial Pursuit L 7:00 At The Movies
5 9:15 Church L 11:00 Cards L 1:15 Joy Ride- Historic Local Scenic-areas L 2:00 Trivial Pursuit CK 3:00 Family Feud CK 3:30 Joy Ride- Historic Local Scenic-areas L 7:00 At The Movies	6 10:00 Books with Joan GR 10:00 Knitting RR 11:00 Monday Morning Meditation MR 2:15 Boccie L 2:00 Painting RR 3:00 Trivial Pursuit L 7:00 At The Movies	7 10:00 Exercise L 11:00 Crossword CK 1:30 Po-Ke-No RR 3:00 Watercolor Painting 3:00 Bible Study LI 4:00 Social Hour GR 7:00 Independent Cards CK	8 10:00 Weight Workout EX 10:30 Wii EX 11:00 How Many Words CK 1:30 Rummikube GR 2:00 Travel- 3:00 Pictionary CK 6:30 Sing a long with Lilly CK	9 8:00 Men's Breakfast CK 10:00 Barre Exercise L 11:00 Rosary/Communion TV 11:15 Boggle CK 2:00 Boccie 3:00 Bowling RR 7:00 Bingo RR	10 10:00 Tai Chi RR 10:00 Wii EX 11:00 The Saybrook Singers 2:00 TED TALKS-The Surprising Science of Happiness 3:30 TGIF-Wine/Appetizers 7:00 At The Movies T	11 10:00 Walking Club 10:00 Rummikub GR 11:00 Painting/Watercolors 11:15 Family Feud CK 2:00 Bingo RR 3:00 Trivial Pursuit L 7:00 At The Movies
HAPPY EASTER 12 9:15 Church L SPECIAL EASTER LUNCH 7:00 At The Movies Easter Sunday	13 9:30 1:00 Podiatry Clinic 10:00 Books with Joan GR 10:00 Knitting RR 11:00 Monday Morning Meditation MR 2:15 Boccie 2:00 Painting RR 3:00 Trivial Pursuit L 7:00 Musical Movie	14 10:00 Exercise L 11:00 Crossword CK 1:30 Po-Ke-No RR 3:00 Watercolor Painting 3:00 Bible Study LI 4:00 Social Hour GR 7:00 Independent Cards CK	15 10:00 Weight Workout EX 10:30 ARE YOU STRONG ENOUGH 11:00 Jeopardy Trivial April MR 1:30 Hearing Aid Clinic 1:30 Rummikube GR 2:00 Traveloqu 3:00 Pictionary CK 3:00 Cards with ANNE L 6:30 Sing a long with Lilly CK	16 8:00 Men's Breakfast CK 10:00 Barre Exercise L 11:00 Rosary/Communion TV 11:15 WHAM! TRIVIA 12:00 March Birth Day Luncheon 2:00 Questions and Answers with Director of Nursing- Lucille Bowen L 3:00 Bowling RR 7:00 Bingo RR	17 10:00 Tai Chi RR 10:00 Wii EX 11:00 The Saybrook Singers L 2:00 TED TALKS-Jane Foda- Life's Third Act 3:30 TGIF-Wine/Appetizers 7:00 At The Movie	18 10:00 Walking Club 10:00 Rummikub GR 11:00 Painting/Watercolors 11:15 Family Feud CK 2:00 Bingo RR 3:00 Trivial Pursuit L 7:00 At The Movies
19 9:15 Church L 11:00 Cards L 1:15 Joy Ride- Historic Local Scenic-areas L 2:00 Trivial Pursuit CK 3:00 Family Feud CK 3:30 Joy Ride- Historic Local Scenic-areas L 7:00 At The Movies T	20 10:00 Books with Joan GR 10:00 Knitting RR 11:00 Monday Morning Meditation MR 2:15 Boccie 2:00 Painting RR 7:00 Musical Movie	21 10:00 Exercise L 11:00 Crossword CK 1:30 Po-Ke-No RR 2:00 FOOD FOR THOUGHT MR 3:00 Watercolor Painting 3:00 Bible Study LI 4:00 Social Hour GR 7:00 Independent Cards CK	22 10:00 Weight Workout EX 10:30 Wii EX 11:00 Letter Link CK 1:30 Rummikube GR 2:00 Travel- 3:00 Pictionary 6:30 Sing a long with Lilly CK Earth Day	23 8:00 Men's Breakfast CK 10:00 Barre Exercise L 11:00 Rosary/Communion TV 11:15 Boggle CK 2:00 Boccie 3:00 Bowling RR 7:00 Bingo RR Ramadan Begins	24 10:00 Tai Chi RR 10:00 Wii EX 11:00 The Saybrook Singers 2:00 TED TALKS- Try Something New for 30 Days 3:30 TGIF-Wine/Appetizers L 7:00 At The Movies Arbor Day	25 10:00 Walking Club 10:00 Rummikub GR 11:00 Painting/Watercolors 11:15 Family Feud CK 2:00 Bingo RR 3:00 Trivial Pursuit L 7:00 At The Movies
26 9:15 Church L 11:00 Cards L 1:15 Joy Ride- Historic Local Scenic-areas L 2:00 Trivial Pursuit CK 3:00 Family Feud CK 3:30 Joy Ride- Historic Local Scenic-areas L 7:00 At The Movies	27 10:00 Books with Joan GR 10:00 Knitting RR 11:00 Monday Morning Meditation MR 2:15 Boccie 2:00 Painting RR 3:00 Trivial Pursuit L 7:00 Musical Movie	28 10:00 Exercise L 11:00 Crossword CK 1:30 Po-Ke-No RR 3:00 Watercolor Painting 3:00 Bible Study LI 4:00 Social Hour GR 7:00 Independent Cards CK	29 10:00 Weight Workout EX 10:30 Wii EX 11:00 Letter Link CK 1:30 Rummikube GR 2:00 Travel- 3:00 Pictionary 6:30 Sing a long with Lilly CK	30 8:00 Men's Breakfast CK 10:00 Barre Exercise L 11:00 Rosary/Communion TV 2:00 RESEDENT MEETING L 2:30 Bowling RR 7:00 Bingo RR	APRIL'S CALENDAR IS IN PLACE AND WILL BE IMPLEMENTED AS SOON AS GROUP RESTRICTIONS HAVE BEEN LIFTED. IN THE MEAN TIME PROGRAMS WILL BE CREATIVE AND ADHERE TO THE GUIDELINES WE HAVE BEEN GIVEN. FRIEND US ON FACEBOOK TO SEE WHAT WE ARE UP TO.	

All Activities Cancelled
Until Further Notice

The Saybrook at Haddam Assisted - Independent Living APRIL PROGRAMS WILL BE IMPLIMENTED AS SOON AS POSSIBLE