

Your Worry-Free Home ~
With Plenty to Make You Smile



Our thoughtfully designed apartments are spacious and welcoming—and maintain a sense of privacy and security. Each features a modern kitchen, large bathrooms, emergency pull cords in every room, and wall-to-wall carpeting. Several apartments include an outdoor patio or balcony.

Residents also enjoy our billiards room, game and activity areas (for bowling, bingo and other games), libraries, outdoor courtyards, beauty salon, and much more.

*We are committed
to making
The Saybrook at Haddam
a warm and welcoming home
where seniors are engaged
and involved in the
joy of living
as independently
as possible.*

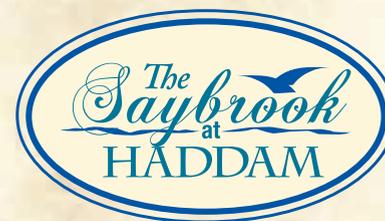


From Hartford and North

I-91 S toward New Haven.
Merge onto CT-9 S (Exit 22S, on left) toward Middletown/Old Saybrook.
Take CT-154 S/Aircraft Rd. (Exit 10) toward Higganum.
Turn slight right onto Saybrook Rd./CT-154/CT-9A.
Follow Saybrook Rd. for about 7.5 miles.
1556 Saybrook Rd. is on the left.

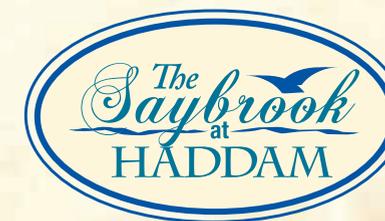
From New Haven and South

I-95 (N or S) to CT-9 N (Exit 69) toward Essex/Hartford.
Merge onto CT-82 (Exit 7) toward East Haddam/Colchester.
Turn left onto Saybrook Rd./CT-154/CT-82.
1556 Saybrook Rd. is on the right.



An Assisted Living Retirement Community

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An Assisted Living Retirement Community



*Gracious Retirement Living
Quality Assisted Care
Memory Care*



Welcome Home
to
The Saybrook at Haddam



Step inside our well-appointed colonial-style manor and experience gracious retirement living.

Every room in The Saybrook at Haddam was designed specifically for your care, comfort and enjoyment. This includes our spacious and bright apartments, warm and inviting common areas, elegant dining rooms, fitness room, movie room, and other gathering spaces.



The details—including oversized windows, custom fireplaces, crown molding, wainscoting, lush carpeting and hallway sconces—are what you would expect to find in the finest of homes.

Retirement Living Services

Our Retirement Living services provide residents with opportunities for socialization, independence and the security they desire.

Nestled in the scenic Connecticut River Valley, The Saybrook at Haddam is conveniently located near highways, medical services, and quality restaurants.

Residents enjoy:

- Three gourmet meals daily, served restaurant style
- Spacious apartments with modern kitchens and oversized bathrooms
- Weekly housekeeping and linen service
- Daily schedule of activities and social opportunities
- Exercise and wellness programs
- Expertly maintained building and grounds
- 24-hour staffing and emergency call system
- Scheduled transportation to medical appointments, social and cultural events



Assisted Living Services



Our state-licensed assisted living program, under the direction of registered nurses and a highly experienced management team, provides:

- A personalized wellness plan
- Assistance with showers, dressing and grooming
- Medication management
- Personalized laundry services
- Escort to and from dining room/and or activities
- Scheduled transportation to medical appointments
- Assistance with hearing and visual needs

Our Assisted Living program provides each resident with the necessary environment to promote independence and a feeling of peace and harmony.

Safe Harbor Memory Care Neighborhood

Safe Harbor is an intimate, caring neighborhood where residents with Alzheimer's, dementia, or other memory-related disorders truly thrive. Our experienced staff is dedicated to providing specialized care in a stimulating, yet soothing environment.



We offer:

- Therapeutic programs that promote self-worth, dignity and independence
- Ongoing communication and support for family members
- Personalized care and medication management 24 hours a day
- Fresh air and sunshine in our secure outdoor walking garden

Safe Harbor includes 34 bright and welcoming apartments (shared or private), large living room and gathering spaces for activities, a bright dining area where residents enjoy three delicious, nutritious meals daily...and so much more!