



An Assisted Living Retirement Community

For web site

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THE SAYBROOK AT HADDAM PREVIEWS NEW SAFE HARBOR MEMORY CARE NEIGHBORHOOD

HADDAM, Conn., (date) –The Saybrook at Haddam held an open house to preview its new Safe Harbor Memory Care neighborhood to healthcare professionals and those involved in the care of individuals suffering from Alzheimer’s, dementia, or other memory-related disorders. Guests toured the new specialized memory care neighborhood, which is located within The Saybrook at Haddam assisted living retirement community.

Safe Harbor Memory Care features an engaging environment with murals and wall art, flower boxes and awnings. Each private or shared studio apartment is bright and open, with a home-like look and feel, and residents share an oversized dining and activity area. The comfortable common-area living room includes couches, a large television, games, and books. Residents enjoy family-style meals each day, along with social activities designed specifically for individuals with memory disorders. The neighborhood will feature a new outdoor walking garden and patio, secure entries and exits, and 24-hour staffing.

“We designed the Safe Harbor Memory Care neighborhood following our high standards, industry guidelines, and the input of the experienced professionals on our staff,” explained Kathy Ryan, executive director at The Saybrook at Haddam. “We created a warm, welcoming environment that allows residents to be the best they can be at every moment of the day. It is exciting to see this vision come to fruition and be able to bring this service to our region.”

The philosophy at Safe Harbor is to deliver specialized memory care services to residents with respect, so they can live with dignity and as much independence as possible. The team at Safe Harbor works with doctors and families to provide a personalized care plan for each resident.

“Many families struggle to care for a loved one who suffers from Alzheimer’s, dementia, or other memory-loss disorder, which can take a toll on everyone,” Ryan said. “We hope our Safe Harbor Memory Care Neighborhood provides an exceptional solution for them.”

The Saybrook at Haddam, (www.thesaybrookathaddam.com) is a 74-apartment assisted living retirement community located in the heart of the Connecticut River Valley region. The community provides independent retirement living services as well as assisted living services (provided by its state-licensed Agency). Its new Safe Harbor Memory Care neighborhood was designed for individuals suffering from Alzheimer's, dementia, or other memory-related disorders. Private tours are held daily, and applications for residence are available by calling 860-345-3779.